Morning Energy Bites

2 Servings | 1½ Condiment | 1 Optional Snack | 1 Healthy Fat | 1 Fueling
17g Protein | 23g Carbs | 10g Fat

Ingredients

1 packet Chocolate Chip Pancakes
1 packet Maple & Brown Sugar Oatmeal
¼ cup powdered peanut butter
2 tsp ground flax seed
¼ tsp vanilla extract
½ cup unsweetened almond milk
3 Tbsp toasted, unsweetened coconut flakes

Instructions

Stir all ingredients together in a medium bowl until thoroughly mixed. Form mixture into balls of whatever size you would like. Roll each ball in the coconut flakes. Store in an airtight container and refrigerate.