

# Baked Peach Oatmeal

2 Servings | 2½ Condiment | 1 Healthy Fat | 1 Fueling

## Ingredients

2 packets Peach Oatmeal  
½ Tbsp melted butter  
½ cup unsweetened almond milk  
3 Tbsp egg substitute  
½ tsp vanilla extract  
1 Tbsp Sugar-Free Syrup  
¼ tsp pumpkin pie spice  
½ tsp baking powder  
1/3 oz chopped walnuts  
Cooking spray

## Instructions

Preheat oven to 350°F

Combine all ingredients in a medium sized bowl, stir until mixed.

Pour mixture into a large, lightly greased ramekin, & bake for 20-25 minutes. Until firm and lightly browned